

FITZPATRICK HOUSE
134 Guthridge Parade
SALE VIC 3850
Ph (03) 51 444555
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Mr Adrian P. Aitken

M.B.B.S., Ph.D. (U.N.S.W.), F.R.A.C.S.
GENERAL SURGEON

 enabled for Tele-health consultations

MARYVALE PRIVATE HOSPITAL
286 Maryvale Rd
MORWELL VIC 3840
Ph (03) 51 321200
Fax (03) 51 343441

BAIRNSDALE REGIONAL HEALTH SERVICE
122 Day St
BAIRNSDALE VIC 3875
Ph (03) 51 503333

INSTRUCTIONS AFTER A THYROIDECTOMY OPERATION

You need to be seen about 1 week after your operation or sooner if there is an issue.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Keep the dressing clean dry and intact until review but the dressing may need to be changed in 2-3 days if bloodstained or damp. A damp, wet or blood-stained dressing causes a wound infection. Do not shower, keep the wound clean and dry. Contrary to popular belief waterproof dressings are not really waterproof. You can undertake general daily hygiene measures using a flannel or using a hand shower.

If the dressing gets wet or dirty change the dressing with similar dressing material that you can obtain from a chemist.

If any bleeding occurs press on the wound with a wad of clean Kleenex tissues. The bleeding will stop.

Take Panadol or Panadeine, 2 tablets 4 hourly as required.

If you develop any tingling sensation around the lips or 'pins and needles' sensation around the lip as well as spasm of hands these are signs that may indicate a calcium disorder and you need to seek early attention and you should go to the emergency department.

**IF A PROBLEM OCCURS,
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS
OR GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**