


FITZPATRICK HOUSE  
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MARYVALE PRIVATE HOSPITAL  
286 Maryvale Rd  
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Ph (03) 51 321200  
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BAIRNSDALE REGIONAL HEALTH SERVICE  
122 Day St  
BAIRNSDALE VIC 3875  
Ph (03) 51 503333

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**INSTRUCTIONS AFTER  
EXCISION OF A MOLE, SKIN CANCER  
OR CYST FROM THE FACE OR HEAD AND NECK**

You need to be seen as arranged after your procedure or sooner if there is an issue.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Keep any steri-strip or adhesive dressing clean dry and intact until review but they may need to be changed in 2-3 days if bloodstained or damp. A damp, wet or blood-stained dressing will cause a wound infection. Do not shower, keep the dressing clean and dry. Contrary to popular belief waterproof dressings are not really waterproof. You can undertake general daily hygiene measures using a flannel.

If you have been given Chloromycetin eye ointment for the wound keep the tube in the fridge and apply a small amount three times a day. Use the tip of the tube to apply the ointment not your finger because fingers carry bacteria. Despite the name of the ointment it is for the wound, don't put it in your eye.

If bleeding occurs lie down and press on the wound with a wad of clean Kleenex tissues. The bleeding will stop.

Panadol or Panadeine, 2 tablets 4 hourly as required. Most wounds are not expected to require significant pain-relieving medication.

**IF A PROBLEM OCCURS,  
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS  
OR GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**