

FITZPATRICK HOUSE
134 Guthridge Parade
SALE VIC 3850
Ph (03) 51 444555
Fax (03) 51 447564

Mr Adrian P. Aitken

M.B.B.S., Ph.D. (U.N.S.W.), F.R.A.C.S.
GENERAL SURGEON

 enabled for Tele-health consultations

MARYVALE PRIVATE HOSPITAL
286 Maryvale Rd
MORWELL VIC 3840
Ph (03) 51 321200
Fax (03) 51 343441

BAIRNSDALE REGIONAL HEALTH SERVICE
122 Day St
BAIRNSDALE VIC 3875
Ph (03) 51 503333

INSTRUCTIONS AFTER EXCISION OF A MOLE OR A SKIN CANCER FROM THE BODY, ARMS OR LEGS

You need to be seen as arranged after your procedure or sooner if there is an issue.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Keep the dressings clean dry and intact until review but they may need to be changed in 2-3 days if bloodstained or damp. A damp, wet or blood-stained dressing will cause a wound infection. Do not shower, keep the wound clean and dry. Contrary to popular belief waterproof dressings are not really waterproof. You can undertake general daily hygiene measures using a flannel.

If the dressings get wet or dirty change the dressings with identical or similar dressing material that you can obtain from a chemist.

If bleeding occurs, lie down and press on the wound with a wad of clean Kleenex tissues. The bleeding will stop.

Take Panadol or Panadeine, 2 tablets 4 hourly as required. Most skin excisions do not require significant pain-relieving medication.

**IF A PROBLEM OCCURS,
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS
OR GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**