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286 Maryvale Rd
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BAIRNSDALE REGIONAL HEALTH SERVICE
122 Day St
BAIRNSDALE VIC 3875
Ph (03) 51 503333

INSTRUCTIONS AFTER HAEMORRHOIDECTOMY OR REMOVAL OF PERIANAL SKIN TAGS

You need to be seen about 1 week after your operation or sooner if there is an issue.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Haemorrhoidectomy is not a painless procedure and you can expect some discomfort but should not suffer from severe pain.

It is expected that you will need regular daily pain relief medication for approximately one week but the discomfort should taper off within 1-3 weeks.

Minor bleeding after a bowel action may happen but bleeding of a concerning nature such as splashing or vigorous dripping into the toilet bowl means you should seek attention earlier than your scheduled appointment.

Take Fybogel 20mls daily and regulate the dosage to prevent any constipation.

You may have been provided with an antibiotic which will need to be taken for one week after the procedure.

You will need a warm bath or warm water splashed onto the affected area after each bowel motion or at least once a day. Warm water will help relieve any spasm and is comforting.

Do not wipe vigorously after a bowel action and if a bath is next to the toilet an inexpensive push-on tap nozzle plastic hand shower, obtainable from supermarkets and hardware stores can be used for hygiene after each bowel motion.

**IF A PROBLEM OCCURS,
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS
OR GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**