

FITZPATRICK HOUSE
134 Guthridge Parade
SALE VIC 3850
Ph (03) 51 444555
Fax (03) 51 447564

Mr Adrian P. Aitken

M.B.B.S., Ph.D. (U.N.S.W.), F.R.A.C.S.
GENERAL SURGEON

 enabled for Tele-health consultations

MARYVALE PRIVATE HOSPITAL
286 Maryvale Rd
MORWELL VIC 3840
Ph (03) 51 321200
Fax (03) 51 343441

BAIRNSDALE REGIONAL HEALTH SERVICE
122 Day St
BAIRNSDALE VIC 3875
Ph (03) 51 503333

INSTRUCTIONS AFTER APPENDICECTOMY IN A CHILD

Your child will need to be seen about 1 week after your operation or sooner if there is an issue.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Keep the dressing clean dry and intact until review but the dressing may need to be changed in 2-3 days if bloodstained or damp. A damp, wet or blood-stained dressing = a wound infection.

If the dressing gets wet or dirty change the dressings with identical or similar dressing material that you can obtain from a chemist.

Your child should not have much discomfort but offer Panadol syrup or capsules or Painstop as required in the recommended dosage. The need for pain relief should decrease significantly over the next few days.

You may have been given a prescription for antibiotics for your child in either a syrup, capsule or tablet form. Offer these as directed.

No swimming or vigorous sporting activities such as cycling, horse riding, football or motocross for one month.

Your child needs to time to recover and in general most kids and adolescents need 2-4 weeks of rest and reduced physical activity levels. TV, videos, computer games and books are good distracters.

**IF A PROBLEM OCCURS,
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS
OR GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**