

FITZPATRICK HOUSE  
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SALE VIC 3850  
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GENERAL SURGEON

 enabled for Tele-health consultations

MARYVALE PRIVATE HOSPITAL  
286 Maryvale Rd  
MORWELL VIC 3840  
Ph (03) 51 321200  
Fax (03) 51 343441

BAIRNSDALE REGIONAL HEALTH SERVICE  
122 Day St  
BAIRNSDALE VIC 3875  
Ph (03) 51 503333

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## **INSTRUCTIONS AFTER CORRECTION OF A DUPUYTREN'S CONTRACTURE OR TRIGGER FINGER**

You need to be seen 1 week after your operation or sooner if there is an issue.

In one week the dressing will be exchanged for a lighter adhesive dressing and sutures will be removed 2 weeks after the operation.

Ring Fitzpatrick House on 51444555 to make or check that an appointment has been made.

Do not interfere with any of the dressings. Keep the dressings clean dry and intact. Damp or wet dressings cause infections. You can undertake general daily hygiene measures creatively or use a flannel.

An arm sling should have been provided by the hospital. It has been provided for you to rest your hand and to reduce the risk of bleeding and bruising caused by overuse and should be used for at least 2 days for comfort.

No driving until review in one week.

Panadol or Panadeine, 2 tablets 4 hourly as required.

If you have any concerns contact Fitzpatrick House for advice.

**IF A PROBLEM OCCURS,  
CONTACT FITZPATRICK HOUSE DURING BUSINESS HOURS OR  
GO TO ACCIDENT AND EMERGENCY AT A PUBLIC HOSPITAL**